

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127. Phone: 044-30101111, Fax: 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

Date: 25/08/2023

#### **CIRCULAR**

This is to inform that the International Mother's Day to honor the "Extraordinary Contribution of Mother" will be celebrated on 28/08/2023 organized by Department of OBG. Kindly welcome to all to attend the Program.

**DEAN** 

TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST CHENNAI-600 127.

### Copy to:

- 1. Medical superintendent
- 2. Administrative office
- 3. HODs of all departments



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### PROGRAM REPORT

Name/Title of the program	International Mother's Day		
Date and Time	28-08-2023		10.00am to 12.00pm
Venue	Auditorium, TMCH		
Target audience/Stakeholder	MBBS Students		
Number of Participants	160 MBBS STUDENTS		
Program/Event Organized by	Department of OBG, Tagore medical college and hospital		
Resource Persons Name and Topic Taken	Name	Designation	Topic Taken
	Dr. Premalatha	HOD Department of OBG	International Mother's Day
Objective of the Program	Acknowledge Maternal Love: Recognize the love, care, and sacrifices mothers make in raising their children.		

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### **Detailed Report of The Program**

Beneficiaries: 160 MBBS students: 153

- 1. International Mother's Day is celebrated on different dates worldwide, but the most commonly observed date is the **second Sunday in May**. It is a day to honor and appreciate mothers and mother figures for their contributions to families and society..
- 2. Key Facts: Origin: Modern Mother's Day in its most widespread form began in the United States, thanks to the efforts of Anna Jarvis in the early 20th century. It became an official holiday in the U.S. in 1914..

#### 3. Global Variations:

- United Kingdom: Celebrated on Mothering Sunday, the fourth Sunday of Lent.
- Arab World: Celebrated on March 21, the spring equinox.
- Other Countries: Dates vary by culture, tradition, and historical influences.

#### 4. Common Traditions:

- Giving gifts such as flowers, cards, or chocolates.
- Spending time with mothers or holding family gatherings.
- Expressions of love and gratitude through calls, messages, or social media.

Promote Family Values: Encourage family unity, bonding, and respect for parental roles. Raise Awareness: Highlight the challenges faced by mothers worldwide, such as maternal health, work-life balance, and gender equality.

• Inspire Reflection: Encourage people to reflect on their relationship with their mothers and appreciate their impact on their lives.

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Conclusion: **International Mother's Day** is a meaningful celebration that honors the love, sacrifices, and unwavering dedication of mothers and mother figures. It serves as a reminder of the pivotal role they play in shaping individuals, families, and societies. By expressing gratitude and appreciation, we not only strengthen our bond with mothers but also emphasize the values of love, care, and respect.

Mother's Day encourages reflection on maternal contributions, promotes family unity, and advocates for the recognition of the challenges faced by mothers worldwide. It is a day to celebrate, cherish, and support the incredible women who embody motherhood in all its forms. Every day can be an opportunity to honor mothers, but this occasion provides a special moment to ensure they feel deeply valued and loved.

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